Check Your Situation, Then Report In

After an earthquake, fire, storm or other emergency, go through these steps in order. It takes about 10 minutes. Then let your neighbors know how you are.

1. People

- ☐ Count everyone: family, guests, pets. Is anyone missing?
- ☐ Get everyone to a safe spot, away from broken glass and damaged walls.
- ☐ Put on sturdy shoes, then grab a flashlight and your go-bag.

2. Injuries

- ☐ Life-threatening (not breathing, heavy bleeding, unconscious)? Call 911 first.
- ☐ Give first aid only if you are trained. Apply pressure to stop bleeding.
- ☐ Keep anyone hurt warm, still and calm.
- ☐ Note who needs medicine, oxygen or power for medical devices.

3. Home safety

- ☐ Gas: smell gas or hear hissing? Get everyone out. Shut off at the meter only if it is safe. No flames or switches.
- ☐ Water: check for leaks or broken pipes. Shut off the main if needed. Don't drink tap water until it's declared safe.
- ☐ Power: lights out? Unplug appliances. Downed lines? Stay away and report them.
- ☐ Structure: big cracks, a leaning house or chimney damage? Get out and stay out.
- ☐ Fire: put out small fires only if it's safe, then leave if it spreads and call 911.

4. Supplies

- ☐ Water on hand: about how many days?
- ☐ Food on hand: about how many days?
- ☐ Medicines: is there a 7-day supply for everyone?
- ☐ Phones charged? Turn down brightness and save battery.
- ☐ Do you need to evacuate? Follow official instructions.

5. Report in

- ☐ Green: everyone is OK.
- ☐ Yellow: we need help, but it isn't urgent (supplies, a check later).
- ☐ Orange: we need help as soon as possible (minor injury, unsafe home, out of medicine).
- ☐ Red: urgent emergency. Call 911 first, then report.
- ☐ Report on the network, text OK / HELP, or tell your neighborhood coordinator.
- ☐ Put your OK (green) or HELP card in a front window.
- ☐ Can you help others? Say so: first aid, tools, a generator, a place to stay.

6. Then

- ☐ Check on the neighbors next to you, especially anyone who lives alone.
- ☐ Text your out-of-area contact, short and simple.
- ☐ Listen for official updates on a battery radio or phone alerts.
- ☐ Report again if anything changes.

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